

Choosing the Right Facial Machine for You

Written by ArtMaker

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Women have been doing or getting facials done for centuries. The mud masks and cucumber paste may still be used by some but why? You could do these at home where it's best not to be seen by anyone. Then women went to the spas to have their facials done. But with everything from the old days technology crept in and stole the show. Today, you can get your facials done at the spa but you can also do them at home with a quality machine. Just like the spas there are different types of facial machines you can purchase for home usage.

A common type of facial machines is the steamer. It use to be to get a steam facial you would have to boil water in a pot and lean into the steam with a towel over your head so it couldn't escape. With a steamer facial machine you get the same effects of yesteryears procedure but there's less mess and less time involved. A steamer machine opens skin pores and clears up blemishes for a more radiant glow. The steam helps the blood circulation to the skin enhancing the skin's rejuvenation process which helps skin keep its elasticity giving the skin a youthful look.

Another type of facial machines uses diode light to clean the pores and freshen the skin. The light although not as powerful as a laser improves skin elasticity and helps improve blood circulation as well. This type of machine is a photo facial machine. It's important to keep the facial skin clear of debris, oils, and other clogging agents in order for it to remain fresh and renewed.

There's also a high frequency facial machine that shoots a high frequency current through a glass electrode into the skin. Like with the other types of facial machines, this one opens the pores and increases blood circulation. It can eliminate acne, kills bacteria, and helps massage aging skin. This type is also very effective on wrinkles and fine lines.

There is also the oxygen facial machines that provide a concentrated oxygen level to the skin which helps improve the skin glow and elasticity. Oxygen facial machines work very well to improve and lessen the healing process from the harsher procedures like laser treatments and dermabrasion. By increasing the oxygen level the skin absorbs can provide a healthier, younger looking skin.

These are just a few of the varieties of facial machines on the market. The different varieties vary in cost, the number of treatments it may take for your specific condition, as well as, size and effectiveness. Because of the internet, these machines can be researched and priced from the convenience of your home. And because it is like an investment in your skin's health, you'll want to make a good decision if you choose to purchase one.

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Some people will prefer to get their facials done at the spa or by a dermatologist. This can be beneficial as the procedure is being performed by an experienced professional. The facial machines at these facilities are also more powerful than the ones that can be purchased for in home use. The commercial grade facial machines have various adjustment settings allowing the handler to make adjustments for each individuals clients condition and need.